

coms. Both edible and medicinal plants
 cted as well. Their rich seasonal
 arked time with "Big Time" dance
 s in the village round house called the
 e Maidu Interpretive Center, located in
 916-774-5934), provides programs and
 at illustrate the connection between
 , their culture, and the natural world.

USH RIVER HISTORY
 s of the January, 1848 discovery of gold by
 shall at Sutter's Mill on the South Fork in
 e Gold Rush spread to the North and
 ks. The "world rushed in" to pan and dig
 is metal from the river and canyons. Both
 and Middle Forks were intensively mined,
 e towns and camps grew up within the
 d along the rivers to support the mining
 Today, the supply roads and trails the
 d are the nucleus of the recreational trail
 he Auburn State Recreation Area. The
 try Mining Museum (530-889-6500) in
 ountry Fairgrounds in Auburn offers a
 o Placer County's Gold Rush history.

AIN QUARRIES
 AD BRIDGE
 ain Quarries Railroad Bridge,
 locally as "No Hands Bridge," is
 cognizable historical monument in the
 e area. The Pacific Portland Cement
 completed the 170 foot long, triple-arch
 ete bridge in 1912. At that time it was the

California Poppy

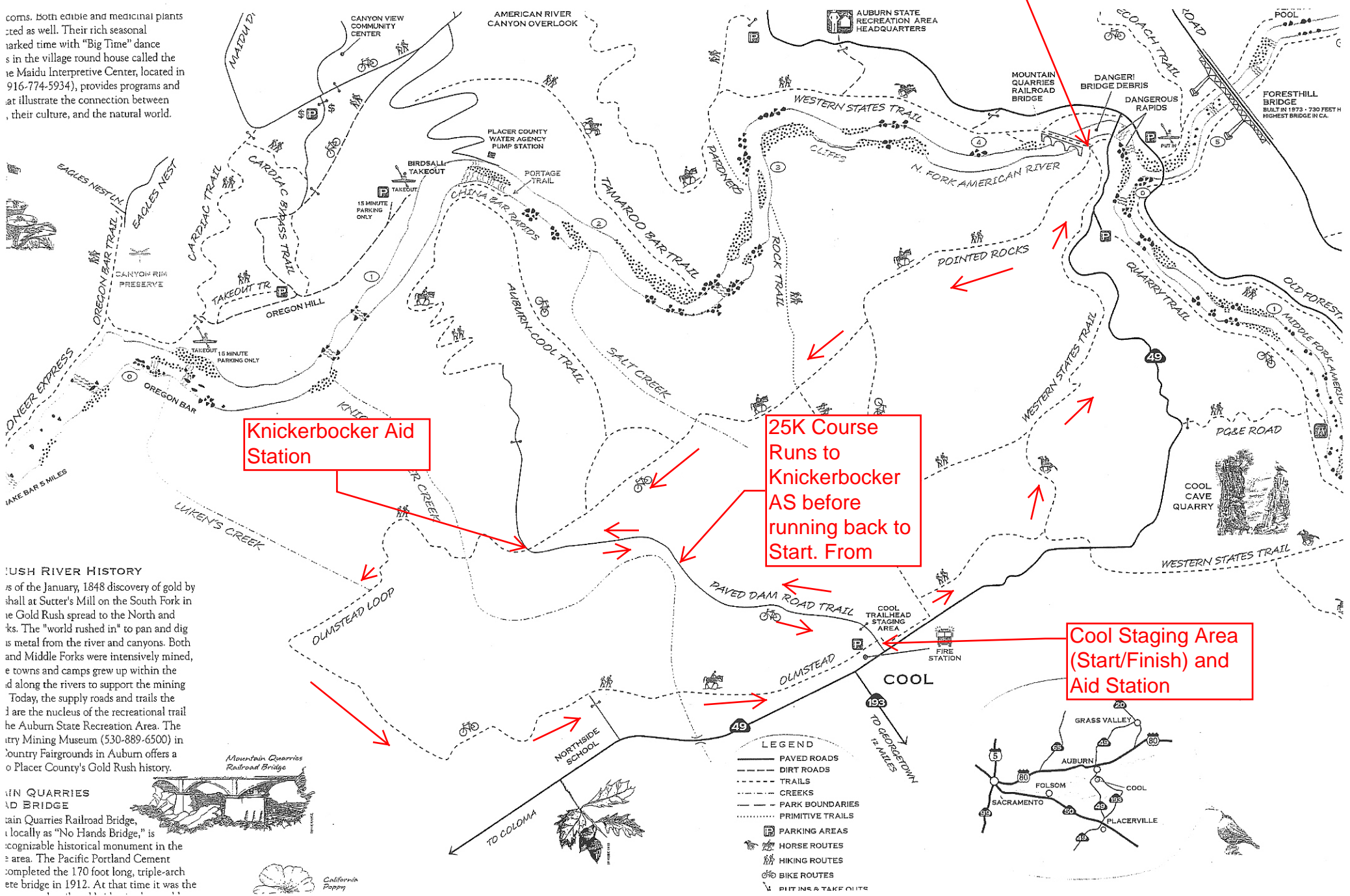
25K Course

No Hands Aid Station

Knickerbocker Aid Station

**25K Course
 Runs to
 Knickerbocker
 AS before
 running back to
 Start. From**

**Cool Staging Area
 (Start/Finish) and
 Aid Station**



- LEGEND**
- PAVED ROADS
 - - - DIRT ROADS
 - TRAILS
 - ~~~ CREEKS
 - - - PARK BOUNDARIES
 - PRIMITIVE TRAILS
 - P PARKING AREAS
 - H HORSE ROUTES
 - H HIKING ROUTES
 - B BIKE ROUTES
 - P PUT-INS & TAKE-OUTS

