

Folsom Lake State Recreation Area



WESTERN STATES TRAIL / PIONEER EXPRESS TRAIL MILEAGE

From Nimbus Overlook (Hazel Ave) to:

Negro Bar Staging Area	4.5
Rainbow Bridge	5.0
Beals Point	9.2
Western States Trail Historic Monument	10.7
Douglas Blvd.	13.1
Granite Bay Staging Area	14.2
Beeks Bight	16.7
Horseshoe Bar Rest Area	20.1
Horseshoe Bar Rd.	20.8
Rattlesnake Bar Staging Area	23.7
Auburn Staging Area	34.4

SOUTHSIDE TRAIL MILEAGE

From Folsom Point to:

Brown's Ravine Staging Area	3.16
New York Creek	10.06
Sweetwater Creek	17.16
Salmon Falls Bridge	19.01
Peninsula Camp	27.57
Anderson Creek	28.60
Granite Ravine	29.74
Goose Flat	31.07
Rattlesnake Bar Rd.	32.46

Start/Finish

50K Turnaround

25K Turnaround

7 Mile turnaround

- #### Legend
- Freeway
 - Major road
 - Paved road
 - Unpaved trail
 - Accessible
 - Bicycle Trail
 - Boat Launch
 - Bridge
 - Campground
 - Fishing
 - Floating Restrooms
 - Food Services
 - Group Camping
 - Group Picnic Area
 - Hiking Trail
 - Horse Staging Area
 - Horse Trail
 - Locked Gate
 - Marina
 - Park Headquarters
 - Parking
 - Picnic Area
 - Restrooms
 - RV Sanitation Station
 - RV
 - Small Boat Launch
 - Swimming
 - Trailhead

